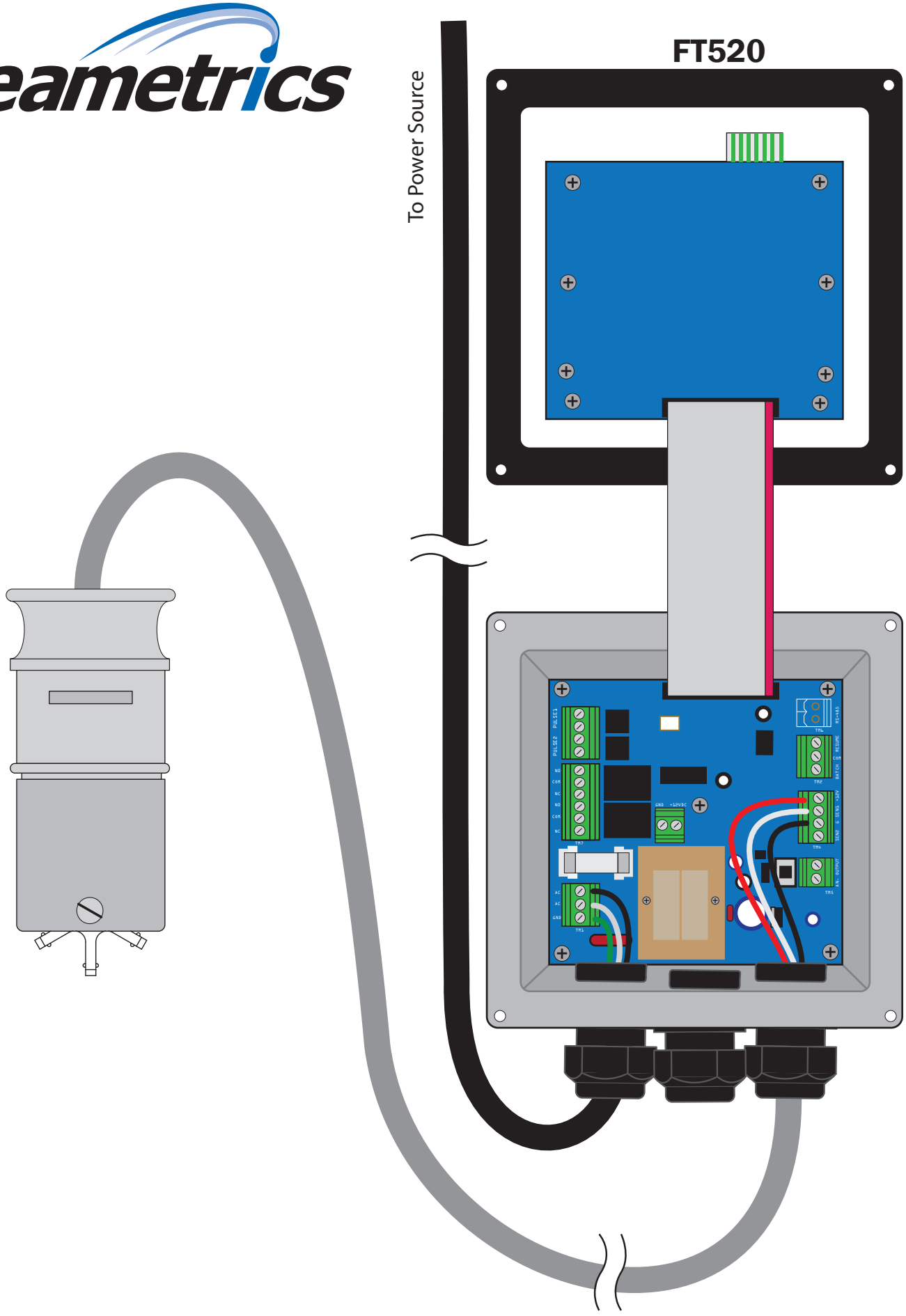Seametrics